

CHECK YOUR PULSE



An irregular pulse can make strokes more likely. If you think your pulse is uneven then please see the Practice Nurse.

110,000 strokes occur in England and Wales every year and up to 30,000 are thought to be due to Atrial Fibrillation.

Atrial Fibrillation is often a silent condition that causes an irregular and completely unpredictable pulse. It can lead to small blood clots in the heart that can result in strokes but these can usually be prevented by Warfarin 'the clot stopper'.

We want to try to find these people who are four times more likely to have a stroke and work towards reducing this risk together.

So, stroke the beat

TO BEAT A STROKE